



# Netaji Subhas Open University

(Established by WB Act (XIX) of 1997, Recognized by UGC)  
Accredited by NAAC with grade A

**Centre for Internal Quality Assurance (CIQA)**

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## Invitation

**Celebration of 7<sup>th</sup> International Day of Yoga (21<sup>st</sup> June 2021)  
&  
Launch of Web Radio**

Every year the university celebrates International Day of Yoga on 21<sup>st</sup> June as declared by the United Nations. To celebrate the DAY, we organize lectures and demonstration by yoga experts in our campus. During the last one and half year the normal activities have been disrupted by COVID-19 across the globe. In India too, we are facing difficulties to carry out our day to day activities and it becomes very difficult to keep fit our selves both mentally and physically as our movement has been restricted to combat the spread of COVID-19.

Following the COVID protocol, CIQA is going to celebrate the 7<sup>th</sup> International Day of Yoga on digital platform.

### **Eminent presence:**

Professor Subha Sankar Sarkar, Hon'ble Vice-Chancellor, NSOU  
Dr. Poulami Ghosh, Asst. Professor & Post Doctoral Researcher  
The Ramakrishna Institution of Culture

**Yoga Demonstration:** Shri Aninda Kumar Das, Bango Yogaratnam & Yoga Bisharad. & Coordinator, Anindya Yoga Society S.C.

**Moderator:** Dr. Atin De, Director, School of Education, NSOU

**Date:** 21 June 2021; **Time:** 3pm

On this DAY, the university will launch **Web Radio** through which educational lectures will be broadcast. The learners can take the benefit of this web based radio with audio lecture where bandwidth is low.

Link:

**Zoom Link - <https://us02web.zoom.us/j/84549194045>**

**YouTube Link - <https://youtu.be/LCKmJixNEvE>**

Faculties, learners, Coordinators and other members of the Staff of NSOU are cordially invited to attend the programme.

Sd/-  
(Professor Anirban Ghosh)  
Director, CIQA  
18/6/2021