Empowerment of Women in India: The Changing Scenario and its Implications

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Abstract
According to Mayoux(1998), empowerment is a process of internal change, or power within, enhancement of capabilities, or power to the collective mobilization of women, and when possible men, or power of questioning and effort of changing subordination associated with gender, or power over. So, empowerment is a process of capacity building, leading to greater participation and power of decision making, power of making aware and transformative action. ‘Empowerment’ may be described as a process which helps people to assert their control over the factors which affect their lives. Empowerment of women means developing them as more aware individuals, who are politically active, economically productive and independent and are able to make intelligent discussion in matters that affect them. The term “political participation” has a very wide meaning. It is not only related to “Right to Vote”, but simultaneously related to participation in: decision making process, political activism, political consciousness, etc. women in India participates in voting, run for public offices and political parties at lower levels more than men. Political activism and voting are the strongest areas of women’s political participation. To combat gender inequality in politics, the Indian Government has instituted reservations for seats in local governments. Women turnout during India’s 2014 parliamentary general elections was 65.63%, compared to 67.09% turnout for men. India rank 20th from the bottom in terms of representation of women in parliament. Women have held the posts of president and prime minister in India, as well as chief ministers of various states. Indian voters have elected women to numerous state legislative assemblies and national parliament for many decades. Present article intends to describe and evaluate with the political participation of women in India and discusses about various initiatives taken by the Government of India for empowering women by analyzing position of India in Gender Inequality Index.

Keywords: Empowerment, Gender inequality Participation, Reservation, Women, etc.

Introduction
Empowerment of women involves the improvement of their status in the family, community and society. It ensures women’s accessibility to modern development facilities and extends their participation in social, economic and political process and decision making. So women empowerment is absolutely necessary in India. The Constitution of India establishes a parliamentary system of government, and guarantees its citizens the right to be elected, freedom of speech, freedom to assemble and form associations, and vote. The Constitution of India attempts to remove gender inequalities by banning discrimination based on sex and class, prohibiting human trafficking and forced labor, and reserving elected positions for women. The Government of India directed state and local governments to promote equality by class and gender including equal pay and free legal aid, humane working conditions and maternity relief, rights to work and education, and raising the standard of living. Women were substantially involved in the Indian independence movement in the early 20th century and advocated for independence from Britain. Independence brought gender equality in the form of constitutional rights, but historically women's political participation has remained low.
**Participation of Women**

After Indian independence from Britain, the Indian Constitution in 1950 officially granted women and men suffrage. Prior to universal suffrage, provincial legislatures had granted women the right to vote. In 1950, universal suffrage granted voting rights to all women. This is enshrined in Article 326 in our constitution. India is a parliamentary system with two houses: Lok Sabha (lower house) and Rajya Sabha (upper house). Rates of participation among women in 1962 were 46.63% for Lok Sabha elections and rose to a high in 1984 of 58.60%. Male turnout during that same period was 63.31% in 1962 and 68.18% in 1984. So, the gap between men and women voters has narrowed over time with a difference of 16.7% in 1962 to 4.4% in 2009.

Voter turnout for national elections in the past 50 years has remained stagnant with turnout ranging between 50 and 60%. State elections have seen a growing trend in women's participation, and in some cases women's turnout is exceeding male turnout. Increased turnout of women was reported for the 2012 Vidhan Sabha elections (legislative/state assemblies) with states such as Uttar Pradesh reporting 58.82% to 60.29% turnout. In the 2013 assembly elections, women’s overall turnout was reported to be 47.4%, and male turnout was 52.5%. Indian states of Arunachal Pradesh, Goa, Kerala, Manipur, Meghalaya, Mizoram, Daman and Diu, and Puducherry all reported higher turnouts among women than men in 2013. Increased participation is occurring in both rich and poor states in India. The sex ratio of voters has improved from 715 female voters for every 1,000 male voters in the 1960s to 883 female voters in the 2000s. The Election Commission of India (ECI) has sought to increase voter turnout by cleaning up electoral rolls and removing missing or deceased members. Voter outreach has included door-to-door voter registration, and in 2014 elections, voters will be issued a photo id with polling station information to increase voter turnout. Increased voter turnout in India is also partially due to the women voters. ECI has sought to encourage voter registration among women and participation through education and outreach on college and university campuses. Growing participation has also been attributed to increased security at polling stations. If we look into the women turnout during India’s 2014 parliamentary general elections, there was 65.63%, compared to 67.09% turnout for men. In 16 out of 29 states of India, more women voted than men. A total of 260.6 million women exercised their right to vote in April–May 2014 elections for India's parliament.

**Women's Reservation**

India has a federal form of government, with devolved powers. The electorate votes to elect a national parliament as well as state assemblies. In 2012, India had a minimal percentage of 10.9% women elected representatives in the national parliament, which is, but relatively higher than Hungary (8.8%), Brazil (9.6%), China (9.1%), and Malaysia (9.8%).

To remedy low participation of women electors, India in 1994 established quotas (reservations) in constitutional amendments (73rd and 74th) to reserve 33% of seats in local governments for women. The Women’s Reservation Bill (108th amendment) has been introduced in the national parliament to reserve 33% of Lok Sabha and Vidhan Sabha seats for women. The bill has yet to be passed by Lok Sabha and signed into law. The discussion of women’s reservations began in the 1920s and continued into the 1930s until a compromise was reached with Britain to allow women in urban areas to vote. Discussion of women’s reservations were again introduced in 1974 by the United Nations Commission on the Status of Women in India, but India did not fully establish quotas in local government until 1994. Local governing bodies in India are called Panchayati Raj Institutions (PRI) and one-third of seats and leadership positions must be reserved for women. States such as Andhra Pradesh, Bihar, Chhattisgarh, Jharkhand, Kerala, Maharashtra, Orissa, Rajasthan, Tripura, and Uttarakhand have increased reservations to 50%. The national government has also proposed to raise the level of reservations in PRIs to 50%.

Seats reserved for women are rotated for assurance that each seat has an equal chance of being reserved. After the establishment of women's reservations, political participation went from 4-5% to 25-40% among women, and gave millions of women the opportunity to serve as leaders in local government.
Indian state, established reservations prior to the 73rd amendment and they had 28,069 women elected in 1992 and 28,595 women in 1997. Class differences have manifested with poorer women gaining presence in panchayats, but women of a higher class being elected as chairpersons (sarpanch). Concerns remain in reserving seats for women in elected positions. The issue of training has become an increasing concern with preparing women for the role of leadership. It was found in Tamil Nadu that women lack the education and training to understand procedures in panchayats. Family also plays a significant role in women's participation in government. Familial influence can be a barrier or a support system for female elected officials in terms of connections. Family connections can help women seek elected positions at both the national and local government level. There has been concern over the role of women as proxies for male family members, but women may still have important effects on policy decisions. The effect of reservation for women has been increase in the number of public goods, including water and roads. Drinking water and road improvements are issues that are most frequently raised by female elected officials. The most significant issues for men are roads, irrigation, education, and water. Women are also likely to bring welfare issues such as violence against women, childcare, and maternal health to consideration.

**Participation in Political parties**

India has a multi-party system with the 24 registered parties at the national level. The three largest parties in India are the Indian National Congress (INC), the Bharatiya Janata Party (BJP), and the Communist Party of India (CPI). Political parties have increased outreach among women voters as India's party system has become more competitive. This has included the creation of women's wings in the largest parties. The BJP's wing is the BJP Mahila Morcha, the INC's wing is All India Mahila Congress, and the CPI's wing is the National Federation of Indian Women. Women's participation in political parties remained low in the 1990s with 10-12% membership consisting of women. Indian women have also taken the initiative to form their own political parties, and in 2007, the United Women Front party was created, and has advocated for increasing the reservation of seats for women in parliament to 50%. Women only govern four of India's political parties. From 1980-1970, 4.3% of candidates and 70% of electoral races had no women candidates at all. As of 2013, it has been reported of the members of parliament 11% were women in Lok Sabha and 10.6% in Rajya Sabha.

**Participation in Political activism**

The new wave of feminism in the 1970s was in response to gender inequality issues and stagnant development in India. The Committee on the Status of Women in India released a report in 1974, and had a significant influence in the reemergence of activism towards gender equality. The report highlighted the significant differences between men and women in India, including the disparity in the sex ratio, mortality rates, employment, literacy, and wage discrimination. The report fueled the women's movement by signifying the ongoing discrimination towards women in India. Gender inequality has remained the focus of the women's movement with specific emphasis on issues such as the Uniform Civil Code, Women's Reservation Bill, and sexual violence against women. Women's organizations both informal and formal have developed at the rural, urban, national, and state levels in India. Women's organizations in India address a variety of issues from the environment, poverty, empowerment, and violence against women. One of the most prominent women's organizations in India is the AIWC, which was established in 1927, focusing on empowering and educating Indian women. The AIWC has over 100,000 members and 500 branches in India, and has helped with the passage of the Sarda Act, Maternity Benefit Act, and Hindu Code Bills.

Indian women are significantly involved at the grass roots level of activism. The Chipko movement that arose in the 1970s is one example of success among the women's movement in India, as women protested the deforestation in Uttarakhand leading to the protection of the region. Since the Indian independence, women's organizations have focused on issues of violence towards women. Women's movements have focused on rape, female mortality rates, female foeticide, dowry deaths, sati, and domestic abuse.
Tragedies such as the Mathura rape case in 1972, the dowry death of Tarvinder Kaur in 1979, the death of Roop Kanwar by practice of sati in 1987, the gang rape of Bhanwari Devi in 1992, and the New Delhi gang rape case in 2012, have kept the movement focused on rape and given rise to many women's organizations at the local and national level.

Challenges to women's participation
The level and forms of women's participation in politics is largely shaped by cultural and societal barriers in the form of violence, discrimination and illiteracy.

Sexual violence
Sexual violence in India is exacerbated by issues of education and marriage. Women are sexually abused. Child marriage, domestic violence and low literacy rates have lowered Indian women's economic opportunities and contributed to sexual violence in India. A 2011 study found, "24% of Indian men have committed sexual violence at some point in their lives, 20% have forced their partners to have sex with them. 38% of men admitting they had physically abused their partners." Widespread sexual violence is attributed to the fact that violence within marriage is not against the law, and sexual violence goes largely unpunished.

Discrimination
The Constitution of India removed gender inequalities among caste and gender, but discrimination continues to be a widespread barrier to women's political participation. A 2012 study of 3,000 Indian women found the barriers in participation, specifically in running for political office, in the form of illiteracy, work burdens within the household, and discriminatory attitudes towards women as leaders. Discriminatory attitudes manifest in the limitations presented to Indian women including low access to information and resources. Women rely on receiving information from family or village members, typically men. Women also lack leadership experience due to the fact they are burdened with household duties. The burden of household duties is a significant reason why many Indian women do not participate. Unlike men, there are fewer opportunities for women to get involved in organizations to gain leadership skills. There is little public space for them as men have dominated the political arena for many years in India.

Illiteracy
India has one of the largest illiterate populations. In January 2014, the United Nations reported 287 million adults in India are illiterate. Literacy among Indian women is 53.7%, which is much lower than literacy among men reported at 75.3%. Illiteracy limits the ability of women to understand the political system and issues. Problems with exploitation, such as women being left off of voters lists, have been reported as illiteracy limits the ability of women to ensure their political rights are exercised. Martha C. Nussbaum concerning political participation stated, "Because literacy is connected in general with the ability to move outside the home and to stand on one's own outside of it, it is also connected to the ability of women to meet and collaborate with other women."

Conclusion
The attainment in the field of income, employment and in educational front, the scenario of women empowerment seems to be comparatively poor. The need of the hour is to identify those loopholes or limitations which are observing the realization of empowerment of women and this initiative must be started from the women folk itself as well as more importantly policy initiative taken by the state and society. Let us take the oath that we want an egalitarian society where everybody whether men or women get the equal opportunity to express and uplift one’s well being and well being of the society as whole. Women's empowerment is not a Northern concept women all over the world, including countries in South, have been challenging and changing gender inequalities since the beginning of the history. These struggles have also been supported by many men who have been outraged at injustice against women.
Women represent half the world’s population and gender inequality exists in every nation on the planet. Until women are given the same opportunities that men are, entire societies will be destined to perform below their true potentials. The greatest need of the hour is change of social attitude to women. “When women move forward the family moves, the village moves and the nation moves”. It is essential as their thought and their value systems lead the development of a good family, good society and ultimately a good nation. The best way of empowerment is perhaps through inducting women in the mainstream of development. Women empowerment will be real and effective only when they are endowed income and property so that they may stand on their feet and build up their identity in the society. The Empowerment of Women has become one of the most important concerns of 21st century not only at national level but also at the international level. Government initiatives alone would not be sufficient to achieve this goal. Society must take initiative to create a conducive climate in which there is no gender discrimination and women have full opportunities of self decision making and participating in social, political and economic life of the country with a sense of equality.

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