



**NETAJI SUBHAS OPEN
UNIVERSITY**

Mental Well-being Committee (MWC)



ORGANIZES

WEBINAR

Awareness on Understanding Psychological Well- being



SPEAKER

Dr. Kasturi Sinha Ghosh

Asst. Professor of Social Work,
SPS, NSOU

DATE & DAY

13th October 2026

Tuesday

TIME

3:00 PM

Join us on Zoom

ZOOM MEETING LINK

<https://us02web.zoom.us/j/88133512425>



Mr. Anupam Roy

Assistant Professor of Sociology &
Programme Coordinator, MWC-NSOU



Dr. Papiya Upadhyay

Asst. Prof of Education & Convener,
MWC-NSOU