

**Brief Report on One-Day Workshop on Therapeutic Intervention
Through Various Avenues, 22nd April, 2017**

The One Day Workshop on the title was conducted by the School of Education (SoE) on 22nd April, 2017 at SoE, Seminar room, Kalyani Campus, Nadia, West Bengal. Keeping in conformity with the in vogue programme, B.EdSpl Ed (I.D/H.I/V.I)-ODL, the workshop intended to bring forth the varied avenues of intercession in nurturing 'Differently abled Children'. As evident from the objective, the participants of this program were the enrolled learners of the B.EdSpl Ed and the faculties of SoE, NSOU. The workshop traversed during 11 AM to 4:45 PM. Dr. A. N Dey, Director, SoE, NSOU delivered the welcome address. Prof.Sadhan Chakraborty, Hon'ble Vice-Chancellor, KaziNazrul University, Asansol, West Bengal was the chief guest and also one of the coveted resource persons of the workshop, addressed his words of wisdom during the inaugural session. Prof.SubhaSankar Sarkar, Hon'ble Vice- Chancellor, NSOU delivered the presidential address. Smt. Antara Choudhury, Assistant Professor of Special Education, SoE, NSOU proposed the Vote of Thanks.

There were five vibrant Technical Sessions carried out stupendously by eminent speakers of various fields. 1st technical session was taken by Prof.Sadhan Chakraborty, Hon'ble Vice- Chancellor, KaziNazrul University. He deliberated on 'Stress management'. His presentation encompassed vivid PPT slides on issues and combating stress in human life. 2nd session was carried out by Dr. Sanjay Mukherjee, well-known Music Therapist, Srirampur Girls' College. He delivered on 'Music therapy'. His presentation enfolded the significance of music and its perceptive use in relieving and rejuvenating various ailments of life. 3rd Session was presented by Smt. Jolly Laha, Psychotherapist, Kolkata. She assiduously reflected upon 'Play Therapy', its types and application to tackle differently abled children in the society at large. The 4th session was carried out by Dr. Malay Mukhopadhyay, OSD (Physical Education, Education Directorate, GoWB). He discussed on 'Yoga Therapy', its significance in managing lifestyle of every individual. The 5th session 'Concluding Note' was discussed by Sri. Swapan Kr Sarkar, Head, SoE, NSOU. All the faculties of Special Education & Education participated actively. The exchange of notions from the learners were also clarified.

The intervention strategies: Stress management, Music therapy, Play therapy, Yoga therapy as deliberated by illustrious speakers of the respective fields helped in gaining confidence to foster differently abled children in particular. The strategies also witnessed keeping a healthy lifestyle in the present busy, stressful and competitive era. The workshop clinched with participant's feedback and distribution of certificates to all.
