



School of Professional Studies

Netaji Subhas Open University

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Accredited by NAAC with grade "A"

**One Day Regional Level Seminar on
"Adolescent Health and Development: Response of Government, NGOs, Civil Society
and Role of Social Work Professionals"**

Venue: Durgapur Regional Centre, NSOU

Date: 26th May, 2023

Report



The Department of Social Work under the aegis of School of Professional Studies (SPS), Netaji Subhas Open University (NSOU) organized a One Day Regional Level Seminar on "Adolescent Health and Development: Response of Government, NGOs, Civil Society and Role of Social Work Professionals" in Durgapur Regional Centre of NSOU on 26.05.2023. We received total 25 papers but we have selected 23 papers complying with the seminar theme and sub theme. Out of selected 23 paper presenters, 14 presenters attended and presented their research paper in the seminar divided into two technical sessions. The participants from the districts of Birbhum, Paschim Burdwan, Purba Burdwan and Dakshin Dinajpur attended the seminar.

On behalf of the University, the Director (i/c), School of Professional Studies, Prof Anirban Ghosh, the faculty members from the Social Work Department of School of Professional Studies namely Sri Kalyan Kr. Sanyal, Associate Professor of Social Work, Mr. Monojit Garai, Assistant Professor of Social Work (Organizing Secretary); Smt. Priyanthi Bagchi, Assistant Professor of Economics and Shri Prasenjit Bhattacharyya, Dy. Director of Durgapur RC were present in the programme. Sri Swapan Mishra and Sri Deb Kumar Kar were the guest speaker in the seminar.

Inaugural Session

On the onset, Smt. Priyanthi Bagchi, Assistant Professor of Economics, NSOU introduced and welcomed all the dignitaries and participants in the one-day regional seminar held in Durgapur RC of NSOU. Mrs. P. Bagchi compered all the sessions with her apt quality in a very professional manner.

Shri Prosenjit Bhattacharya the Deputy Director of Durgapur Regional Centre in his inaugural speech extended a warm welcome to the esteemed participants. He said that the seminar will provide a platform for the presenters to express and share their research work to all for information dissemination. Such kind of seminar will encourage young scholars to express their new thoughts before the development experts in the subject domain. Information sharing and dissemination of research findings can be done through participating and presenting their working papers in such seminar.

Professor Anirban Ghosh, Director (i/c), SPS NSOU, in his inaugural address showed his respect to the esteemed guest speakers and share his greetings for the success of the seminar. Prof. A. Ghosh said that as part of the NSOU Sponsored Research Project, this seminar is being organized by the Principal Investigator (PI) of the project Mr. Monojit Garai as a concluding programme of the project. Out of the project, One Day Regional Level Seminar on “Adolescent Health and Development: Response of Government, NGOs, Civil Society and Role of Social Work Professionals” in Durgapur Regional Centre of NSOU is being conducted with certain relevant paper presentations tagging with the seminar theme. Prof. Ghosh ended his inaugural address with his greeting message to the presenters who were eagerly waiting to present their first seminar papers.



In the inaugural session, the Guest Speaker Sri Swapan Mishra, Social Work Development Professional said that the seminar will be a fruitful one for the young presenters and scholars to gain knowledge about the recent development and working on Adolescents Health and Development.

Sri Debkumar Kar, the Guest Speaker Retd. Senior Field Organizer from the Department of Social Work, Visva-Bharati said that the seminar is being scheduled on such an appropriate day. It is a pertinent topic to organize such a seminar of adolescent health and development. Today, 26th May, 2023 is the day of National Blueberry Cheesecake Day and National Cheery Dessert Day which the adolescents like most. It is an important aspect for a human being to pass through the adolescent phase. So, we need to understand the requirement and need of this age group and to address this needs through various schemes, programmes etc.

The young scholars were addressed by Sri Kalyan Kr. Sanyal, Associate Professor of Social Work, NSOU with prominent speech on adolescent health. Sri K. Sanyal rightly said that the adolescents are the future of any nation so it is our responsibility to look after all kinds of needs of this entity and to nourish them as much as possible to provide a nation a healthy young future generation. Sri. K. Sanyal concluded his deliberation by wishes all the participants for presenting their seminar papers confidently.

The seminar sessions were divided mainly into two different thematic technical sessions like TS-1 on 'Adolescent Health and Development' and TS-2 on 'Programmes, Policies and Response of Government, NGOs, Civil Society & Role of Social Work Professionals'.

Technical Sessions

Technical Session-I

The first Technical Session commenced with a plenary lecture delivered by Sri Debkumar Kar on "Adolescent Health and Development". First of Sri D. Kar expressed his sincere thanks to the Director (i/c), SPS, Organizing Secretary of the Seminar Mr. Monojit Garai the and Department of Social, School of Professional Studies, Netaji Subhas Open University for inviting in the seminar as guest and to deliver a session on adolescent. He said in his deliberation that adolescent are not allow to move around anywhere by their parents and family without their permission. The parents are more conservative and over concern about their child-adolescent. It is need of the time to allow the adolescents for their self-learning, self-development, give them opportunity to live their life enjoy fully. Parents should not concern about their adolescent excessively. All kinds of support, care and protection should be given to adolescents for their overall growth and development. His talks make the young participants and presenters understand towards the development of adolescents.

In this session, total 7 scholars presented their seminar papers based on the theme of Adolescent Health and Development ranging from life skill development of Adolescent, social consequences of smoking among adolescent boys and girls, Nutrition and Health in Adolescent Girls, Instagram Reels Trend Among Adolescent Girls and Boys, Problems of IIT Students, Psychological Problems of Adolescents etc.

Technical Session-II

The second Technical Session was started with a plenary lecture delivered by Sri Swapan Mishra on "Adolescent Health and Development - Policies, Programmes and Role of Professional Social Workers". At the outset, S. Mishra expressed his sincere thanks to the Department of Social, School of Professional Studies, Netaji Subhas Open University for giving opportunity to share his 25 years on experience in the development fields ranging from women development, child development, women empowerment, women entrepreneurship and so on. It is matter of great pleasure to deliver his speech to the young and vibrant scholars who were just attain the adulthood age. His thought really encouraged the scholars towards the better understanding of the future.

Followed by the plenary lecture, the second technical session proceed with the paper presentations on the theme of "Adolescent Health and Development - Policies, Programmes and Role of Professional Social Workers, total 7 seminar papers were presented in this session. The papers were mainly on Policies, Programmes and Role of Professional Social Workers towards adolescent's development.

Discussion and Q & A Session

In this session paper presenters and participants were discussed on how to formulate a developmental model for overall development and well-being of adolescents covering all the aspects like physical health, psychological health, social health, nutrition, peer education, parent's awareness, education etc. Speakers also appreciated the efforts made by the young scholars for presenting such kind of relevant papers in the seminar.

Valedictory Session

In the valedictory session, Mr. Monojit Garai, Asst. Prof in Social Work NSOU and Organizing Secretary of the Seminar congratulated and praised all the presenters for their wonderful presentations with full of confidence in the seminar. Most of the presenters were presented their first seminar paper in this seminar only. They did hard work for preparing the seminar paper and also presenting the paper in front of the esteemed guests and lots of audience which is very much appreciable and encouraging.

In this session, Sri Kalyan Kr. Sanyal shared his observations, summary and outcomes of the one day regional level seminar.

As an innovative activity, Best Paper Award and Best Presentation Award were given in the seminar amongst the presenters. Sri Kalyan Kr. Sanyal was act as jury/judge of the seminar and after his stringent scrutiny of the abstracts and thorough observation of the presentations announced the Best Paper Award and Best Presentation Award respectively as follow:

Best Paper Award given to Amrita Pal abstract titled *“Study of Instagram Reels Trend among Adolescent Girls and Boys”*.

Best Presentation Award given to Serena Pal abstract titled *“Nutrition and Health in Adolescent Girls”*.

Finally the programme came to an end after the distribution of certificates to the paper presenters who were present.

Details of Abstracts and Presenters for the seminar on “Adolescent Health and Development: Response of Government, NGOs, Civil Society and Role of Social Work Professionals”

Venue: Durgapur Regional Centre, NSOU

Date: 26th May, 2023

Technical Session-1 (12.00 noon to 1:00 pm): Adolescent Health and Development Chairperson: Sri Kalyan Kr. Sanyal Rapporteur & Coordinator: Smt. Priyathi Bagchi	
Plenary Lecture-1: Adolescent Health and Development Sri Debkumar Kar	
Paper Presentations	
Adolescent Health and Development in India: Implication of Life Skill Sessions.	AKASH GANGULY
Problems faced by IIT students: A study in IIT Mumbai, IIT Delhi, IIT Kharagpur, IIT Hyderabad.	PRIYA THAKUR
Examine the social consequences of smoking among adolescent boys and girls -A study on Bolpur Municipality.	KUNAL DAS
Nutrition and Health in Adolescent Girls	SERENA PAL
Study of Instagram Reels Trend Among Adolescent Girls and Boys	AMRITA MALI
A Study on Psychological Problems of School Going Adolescents in India: A Critical Analysis	ARINDAM SARKAR
Adolescent Health and Development	PHALGUNI CHATTERJEE

<p>Technical Session-2 (1:00 pm to 2:00 pm): Public Health Issues and Response of Government, NGOs, Civil Society & Role of Social Work Professionals Chairperson: Prof Kalyan Kr. Sanyal Rapporteur & Coordinator: Mr. Arindam Sarkar</p>	
<p>Plenary Lectue-2: Programmes, Schemes, Policies and Role of Professional Social Workers Sri Swapan Mishra</p>	
<p>Paper Presentations</p>	
Importance of Policy Implementation For Children With Mental Retardation In Village Level: A Study In Kasba Gram Panchayat, West Bengal	PARNA THAKUR
Convergence of Government policy(s) for the Well-Being of Tribal (Girls) Adolescent Health.	RUSA KAR
Indian School Mental Health Program	SUDEB DAS
SWOC analysis of selected Anwasha Clinics (AFHC) in Birbhum District of West Bengal	MR. MONOJIT GARAI AND ARINDAM SARKAR (PRESENTER)
Intrahousehold Perspective to Sustainable Development Related to Health: A Case Study in South 24 Parganas District of West Bengal	PRIYANTHI BAGCHI
Inclusive Approach of Tribal Development: Problems, Prospects & Policies	KISNENDU SHAW
Financial Inclusion of Women in India	DR. SUBRATA DAS



---Prepared & Submitted by Sri Monojit Garai, Assistant Professor of Social Work

